



Marymede Catholic College

Emergency Response to Anaphylactic Reaction



Marymede Catholic College is a multi-campus school which operates with the consent of the Catholic Archbishop of Melbourne and is owned, operated and governed by Melbourne Archdiocese Catholic Schools Ltd (MACS).

A First Aid Plan for Anaphylaxis poster is available on the [ASCIA website](#)

In all situations

1. If safe to do so, lay the person flat, do not allow patient to stand or walk.
2. If breathing is difficult allow patient to sit
 - Be calm, reassuring
 - Do not leave them alone.
 - Seek assistance from another staff member or reliable student to locate the autoinjector or a general use autoinjector, and the student's Individual Anaphylaxis Management Plan
 - If the student appears to be experiencing a first-time reaction, continue with steps 2 – 6.
3. Administer prescribed adrenaline autoinjector – note the time given and retain used EpiPen to give ambulance paramedics.
4. If on-campus, contact First Aid staff to assist with managing the student and steps 5 – 7.
5. Phone ambulance 000 (112 – mobile).
6. If there is no improvement or severe symptoms progress, further adrenaline doses may be given every five minutes (if another autoinjector is available).
7. Phone family/emergency contact
 - When onsite, this should be done by a member of the First Aid staff.

If in doubt, give an autoinjector

If the student has not been previously diagnosed with an allergy or at risk of anaphylaxis but appears to be having a severe allergic reaction, follow Steps 2–7 above.

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